

**Missouri Department of Labor and  
Industrial Relations Agencies**

Division of Labor Standards  
Child Labor/Wage and Hour  
Workplace Safety and Health  
573-751-3403

Missouri Commission on Human Rights  
Employment Discrimination Laws  
877-781-4236

**Federal Agencies**

U.S. Department of Labor  
Wage and Hour Division  
314-539-2706 – St. Louis, MO  
913-551-5721 – Kansas City, KS

Occupational Safety and Health  
Administration  
800-892-2674 – Kansas City, MO  
800-392-7743 – St. Louis, MO

E-mail: [laborstandards@dolir.mo.gov](mailto:laborstandards@dolir.mo.gov)  
[www.dolir.mo.gov/lr](http://www.dolir.mo.gov/lr)

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***THANKS  
FOR  
STAYING  
IN  
SCHOOL***



The Missouri Workplace needs a  
healthy, educated & skilled workforce.

MISSOURI DEPARTMENT OF LABOR AND  
INDUSTRIAL RELATIONS

DIVISION OF LABOR STANDARDS

***Know Your Rights***  
**A Young Person's  
Guide to Employment**

If you are 14 or 15 years old, you must get a work certificate from the superintendent in the school district where you live. If you are under 16 and work in the entertainment industry, you must get a work permit from our division.

### **14 and 15 year olds may work:**

#### **From Labor Day to June 1**

- up to 3 hours on a school day
- up to 8 hours on a non-school day
- no more than 6 days a week
- between 7 a.m. and 7 p.m.

#### **From June 1 to Labor Day**

- up to 8 hours a day
- up to 6 days or 40 hours a week
- between 7 a.m. and 9 p.m.

These times are the same as the Federal Child Labor Law. Under Federal law, however, you may only work 18 hours in a school week.

## **WORK RESTRICTIONS**

### **14 and 15 year olds CANNOT:**

Be in any hazardous work;

Operate power driven machinery, except lawn and garden machinery in or around a private home;

Work in motels or hotels; in or around the sleeping rooms;

Work in a business that serves liquor, except where at least 50% of sales are from other than alcohol;

Work in any other occupation prohibited by the Child Labor Law (Sections 294.040, and 294.043 RSMo)

Many of Missouri's children are exploited for monetary gain. If you or someone you know is involved in youth peddling or door-to-door sales, please protect them by contacting the Division of Labor Standards. Ask if the employer is operating legally, or for a list of guidelines to follow to protect youth involved in these activities. While guidelines should be observed, Girl Scouts, church and school peddling activities are exempt from any requirements to operate.